



~*~*~Boxed Lunches~*~

~*~Sandwiches and Wraps~*~

#1 - \$9.50

Turkey Sandwich with Cranberry Sauce, Chipotle Dressing, Lettuce, and Cheddar Cheese

#2 - \$9.50

Chicken Salad Sandwich made with Chicken, Mayo, Celery, Cranberries, Broccoli and Spices

#3 - \$9.50

Pecan Encrusted Chicken (3 pieces)
Served with Cranberry Mango Salsa

#4 - \$10.50

Roast Beef Sandwich on Whole Wheat Bread
With Horseradish Sauce, Lettuce, and Tomato

#5 - \$11.50

Grilled Chicken Filet Wrap served with Romaine Lettuce,
Garlic Croutons, and Zesty Caesar Dressing

#6 - \$11.50

Turkey Club Wrap with Turkey, Cheddar Cheese, Bacon,
Lettuce, Tomato and Honey
Mustard Dressing

#7 - \$11.50 

Vegetable Wrap with sautéed Onions, Broccoli, Asparagus,
Sun-dried Tomatoes, Mushrooms, Peppers, Carrots, Green
Onions, and Apple-Mint Dressing

#8 - \$18.00

Maine Lobster Salad on a Roll

*Each lunch option includes a Cookie, one piece of fresh Fruit, Plastic Utensils, and a Napkin
Boxed Lunches include Potato Chips and Salads include a Roll and Butter*

~*~Fresh Fruit~*~

Apples, Oranges, Bananas, Grapes will
be supplied and varied throughout the
lunches

~*~Cookies~*~

Macadamia Nut, Chocolate Chip,
Peanut Butter will be supplied and
varied throughout the lunches

~*~Also Available~*~

Yogurt, Fruit Juices (Cranberry,
Raspberry, Grapefruit, Orange, Apple)
Sodas, Spring Water, Perrier, Milk

~*~Salads~*~

#9 - \$11.50

Grilled Chicken Caesar Salad

#10 - \$11.50

Oriental tossed Salad topped with Ginger Lime Dressing
and blackened Salmon

#11 - 11.50 

Tomatoes and fresh Mozzarella Cheese drizzled with Basil
Olive Oil and cracked Peppercorns Served with marinated
Artichoke Hearts, Olives, medley of Peppers, Sun-dried
Tomatoes and Chick Peas

#12 - \$13.50

Grilled Sirloin Steak served over a Garden tossed Salad
with Blue Cheese Dressing

#13 - \$14.50

Five grilled Tequila marinated Shrimps served over Spinach
Salad tossed with fresh Mushrooms, Walnuts, Sun-dried
Tomatoes, and Honey Lime Dressing

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*Add a Cup of our hot Soup for an additional \$2.50
(Limited to one selection per day)*

Chicken Noodle, Pea Soup, Cream of Asparagus, N.E.
Seafood Chowder, French Onion, Mulligatawny,
Lentil (Vegetarian), Potato Leek (Vegetarian), or Sun-
dried Tomato Basil (Vegetarian)

*A Delivery Charge will apply for orders of less than 25 lunches
To Place Your Order Please Contact Our Office at
Phone: (860) 928-0528 Fax: (860) 821-8561
Email: innwood@gmail.com*



Vegetarian Selection



**Thoroughly cooking meats, poultry, seafood, shellfish or eggs reduces the risk of foodborne illness
All entrees are subject to 6.35% Sales Tax
Parties of 6 or more are subject to 18% Gratuity**